

DAY OF SURGERY INFORMATION

The Staff at Northpoint Surgery and Laser Center want to ensure that your experience with us is as comfortable as possible. Your surgical experience starts at your doctor's office when your doctor discusses your treatment plan with you. You should be informed of your diagnosis, treatment plan, alternatives to the plan, and risks and benefits of the treatment recommended to you. The surgical secretary will then send us the necessary information to schedule your procedure.

Depending on the type of surgery, you may need to have lab work, x-rays, or an EKG done. Any of these studies will be ordered by your physician prior to the day of your surgery.

A preadmission nurse from Northpoint will contact you prior to your procedure to take your complete medical history which will include your current medications with dosages, and answer whatever questions you may have. This will expedite your pre-operative process once you have arrived at the facility.

- Children's procedures are usually performed before adult procedures
- For children, please bring their favorite toy/blanket, empty bottle, sippy cup, extra set of clothing and diapers.
- You may be instructed by your physician to avoid taking aspirin or ibuprofen products (Advil, Motrin) for up to 2 weeks prior to and after surgery.
- You will be instructed by the pre-admission nurse concerning your food and drink intake prior to surgery. If you do not follow the proper instructions, your surgery could be canceled, delayed or rescheduled.
- Wear comfortable clothing.
- Do not bring valuables or jewelry with you.
- Limit the number of visitors.
- You may need a light sweater or jacket as the environment may be cooler than you are used to.
- Pediatric patients must be accompanied by parent or legal guardian who must remain in the waiting room during the surgical procedure. Without proper legal documentation, a guardian cannot sign the permit and the surgery cannot be done.
- Adult patients must be accompanied by a responsible adult who can drive you home. If you are having general anesthesia, it will be necessary to arrange a responsible adult (18 yrs. or older) to stay with you for the next 24 hours.
- Bring a list of your medications and dosages with you.
- Your pre-admission nurse will instruct you on the medications to take the day of surgery.
- Bring a list of emergency contacts and their phone numbers.
- Leave dentures in place.
- Please notify your doctor if you have had a change in your health, are sick, running a fever, or have open wounds, sores or rashes before your arrival to the surgery center.

On the day of your surgery, you will be greeted by the receptionist and asked to confirm you demographic information. You will sign a form that will give Northpoint the right to release information necessary to be able to bill and receive payment from your insurance company. If there is a deductible or co-payment due, you will be asked for that payment. A copy of your insurance card and photo ID will be made.

The clinical staff at Northpoint includes professional, experienced nurses and surgical technicians who are dedicated in taking special care of our patients and the patient's family.

The admitting process is done by a nurse who will ask that you sign a facility consent, review your medical/surgical history, confirm medications taken, and help you with proper attire. A parent/legal guardian must accompany their child through the admission process and can sit with them until it is time for the patient to go into the operating room. Patient's vital signs will be taken. Depending on the type of procedure and the age of the child, the anesthesiologist may order sedative medication to be given preoperatively. IVs are started on young children in the operating room after they are asleep. Older children and adults will have IVs started preoperatively. Through the IV, medications can be given to make the patient relaxed and comfortable. The IV is also used by the anesthesiologist to give the anesthetic in the operating room. While you are in the operating room, monitors are used to measure your vital signs. The same type of monitoring will be done in the recovery area. When the surgical procedure is completed, anesthesia personnel and the operating room nurse accompany the patient to the recovery area.

The initial phase of recovery for general anesthesia will vary for each patient and can take up to several hours. At the nurse's discretion, you will be moved to the second phase of recovery which will prepare the patient and family members for discharge.

For patients receiving local anesthesia with IV sedation, the recovery phase is usually much quicker.

The recovery room nurse will go over written discharge instructions that are specific for the procedure performed and you will be given a copy. Prescriptions will be given to you if necessary by your physician.

Because of the nature of healthcare, there will be times when emergencies arise that may cause delays. There can be unexpected cancellations and potentially longer waiting periods. We will try to keep you informed if changes occur.

Our billing/insurance clerks will verify your insurance information for any deductible or co-payment that will need to be paid to Northpoint. The physician fee and the anesthesiologist fee are separate from the Northpoint fee.

We look forward to providing your care in the best way possible. It is important to our facility that your experience is a positive one. If you have any questions or concerns, please do not hesitate to call our facility.



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